

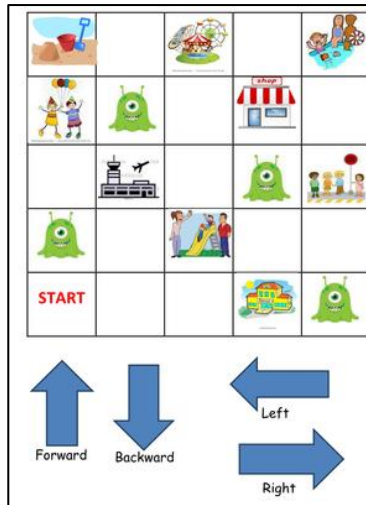
W/C 13.7.20 Learning Project - Sport

Age Range: KS1- Year 1

Weekly Reading Tasks	Weekly Phonics/Spelling Tasks
<p>Monday- Read/ share or make up your own story. Spend time with a member of your family sharing stories. You could play story telling tennis where you each add a word or a sentence at a time and see where your imagination takes you. Read/ share some of your favourite stories.</p>	<p>Monday- The word 'sport' contains the sound 'or'. List as many words as you can containing the 'or' sound. You might identify words that contain an alternative spelling for 'or' such as oor/ore/aw/au. Discuss the spelling of these words. Where is the grapheme found in the word? Which sound is the most common?</p>
<p>Tuesday- Talk to your grown up about a hero from a book you have read/ listened to, for example Tractionman/ Supertato/ Michael Recycle. Draw the hero or heroes from a story and list adjectives to describe their appearance and personality.</p>	<p>Tuesday- Play the Solve, Shoot, Score spelling game on the Premier League Primary Stars. Write down the words spelt and add sound buttons.</p>
<p>Wednesday- Listen to the Cbeebies story 'Martin the Mouse' (click here). Record or discuss the main events from this sporty story. You can draw the events, write sentences or even retell the story orally in your own words.</p>	<p>Wednesday- List words to describe athletes or your sporting hero. For example, <i>strong, winner, speedy</i>. Can you use these words to write descriptive sentences about athletes? Add the 'ing' suffix to these verbs: jump, skip, hike, throw, catch, kick, smile, run & shout e.g. jump + ing = jumping. Which root words need the 'e' removing first?</p>
<p>Thursday- Choose and read a healthy recipe from a recipe book. If you have the ingredients, why not follow the recipe together? What do you like about it? Is there anything you would change?</p>	<p>Thursday- Visit Phonics Play and play this Sentence Substitution game.</p>
<p>Friday- Watch and listen to 'The Little Princess: I Want to Win' based on the Tony Ross book. Talk about how the Little Princess felt each time she won a game. Can you think of a time they felt like the Little Princess?</p>	<p>Friday- Take your phonics outside with these ideas:</p> <ul style="list-style-type: none"> • Draw some giant monsters on the ground or on huge paper. Give each monster a name. The name must have at least 5 sound buttons. • Use chalk to write as many words as you can starting with the following sounds st tr gr fl
Weekly Writing Tasks	Weekly Maths Tasks- Position and Direction

Monday- Has you got a favourite sportsperson? This could be your grown up, a friend, a famous sports person you have seen and admire. Write an information booklet about this person. Include things like the sport they do/ where they are from/ how long they have been doing it for/ any sports awards they have won.

Monday- Play a board game with a member of your family so that you can practise your counting and the language of position and direction. Maybe [Snakes and Ladders](#)? You could also create a grid/maze game where you have to give each other directions to find specific items/pictures. This could be done on the floor on a grid where you can follow the direction yourselves.



Tuesday- Research 3 sports that you like/enjoy and create a mini fact file/ leaflet or poster about them. Record any key facts and interesting information you have found out. You may even want to focus on one specific sport and create a very detailed fact file.

Tuesday- Place an object on the ground and use positional language such as **forward, backwards, up, down, left and right** to direct each other to the object. Take turns in being the person to give and follow instructions. If you wanted to make it harder, you could use a blindfold but be extra careful!

Wednesday- Visit the Literacy Shed for this wonderful resource on [The Catch](#) or you could write your own sporting story featuring your hero.

Wednesday (theme)- Play 'Catch' using a ball or anything else that can be thrown safely. Instead of counting in 1s each time the ball is caught, count using different step counting. Have a go at counting in 2s / 5s and 10s as well as 1s. You could even challenge yourself with counting backwards.

Thursday- Design a poster all about teamwork. This could be linked to your family and how you all have to work together as a team. This could be linked to a specific sport/athlete you admire. This could even be you linked to a sport you take part in.

Thursday- Have a look on this website and play some of the position and direction games <https://nrich.maths.org/13785> These will help to develop understanding of positional language.

Friday- Design a sports kit. Research others that are worn by a range of athletes for a range of sports. Draw on paper or on a computer and label it. Then write about your new design. What makes it so good for the sport? Think about adjectives to describe it. Use conjunctions such as and/because/ with/ as.

Friday (theme)- Each member of the family could have a go at the Long Jump. Ask your child to measure the length of each jump using a measuring tape and record the lengths. Who jumped the furthest? Who had the shortest jump? What was the difference between the shortest and longest jump?

Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more about sports and games. Learning may focus on the history of sport, sporting-heroes, physical challenges and performance.

- **Obstacle Course Fun-** Design and make your very own obstacle course in the garden. Draw and label your design first and include all of the equipment you need. You can then use your design to create the obstacle course. Ask the family to complete the obstacle course, you can time them. You could even make medals from tin-foil or any other suitable material and present them to the winner during a winner's ceremony.
- **Make a Family Mascot-** make your own family mascot using materials from around the house. First of all, visit the Olympic Mascot Official list [here](#) and look at past mascots. What makes a good mascot? What qualities does the mascot represent?
- **Inspiring athletes-** Watch clips from past para Olympics or para Crossfit games. The athletes taking part are an inspiration. Watch and discuss with a family member. Think about these words when and after watching; perseverance / strength / resilience / positive.
- **Remarkable Routines-** create your own simple routine, just like a gymnast, dancer or synchronised swimmer. Start by watching a video of a routine with a grown up, here are some suggestions: [men's gymnastic routine](#), [synchronised swimming routine](#). After this, you can choose a piece of music to practise your routine to.
- **Terrific Team Kits-** Design your own team kit. Consider the flag of the country you would represent and how to incorporate these colours into the design. You could draw the design with a pencil or use a computer program to do this.
- **Can you Invent a New Olympic Game?-** Invent your own game for the 2021 Olympics. Look at a list of all of the sports that already compete in the summer Olympics [here](#). Write a set of instructions for the new game or draw illustrations. Why not test the game out as a family?

STEM Learning Opportunities #sciencefromhome

Brilliant Bodies

- What can your body do? Balance on one leg? Touch your nose with your tongue? Look at the [body challenge cards](#) and see how many you can do. Ask your family to join in and make your own body challenge cards.
- The complete resource can be downloaded [here](#).

Additional learning resources parents may wish to engage with

- The NHS Change 4 Life website has some great games and activities, specifically ones for staying indoors. Have a look [here](#).
- For lots more clips, activities and ideas to get active visit the sport's section on the [Cbeebies website](#).
- [White Rose Maths](#) online maths lessons. Watch a lesson video and complete the worksheet (can be downloaded and completed digitally).
- [Numbots](#). Your child can access this programme with their school login.
- IXL- Click here for [Year 1](#) or here for [Year 2](#) . There are interactive games to play and guides for parents.
- [Mastery Mathematics Learning Packs](#) Learning packs with different activities and lessons. Includes notes on how to do these activities with your children.
- [Y1 Talk for Writing Home-school Booklets](#) and [Y2](#) are an excellent resource to support your child's speaking and listening, reading and writing skills.

The Learning Projects are based on the **National Curriculum expectations** for the key stage which your child is in. It may be that your child finds the tasks set within the Learning Project for their year group too simple. If this is the case, then we suggest that your child accesses the Learning Projects which are set for the key stage above. Equally, if the projects are too challenging, then we advise that your child accesses the projects for the key stage below.

If your child requires more of a challenge, or you believe that there are some gaps in their learning then [Century Tech](#) is a fantastic resource that is currently free for home learning. The app is designed to address gaps and misconceptions, provide challenge and enables children to retain new knowledge. It uses artificial intelligence to tailor the learning to your child's needs. Sign up [here](#).