

St Peter & St Paul CE Primary School, Eye

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Y6 Sex and Relationships Education

27th May 2020

Dear Year 6 families

I am writing to you to let you know that Mrs Robinson and I intend to run a series of lessons when the children return to school in June which teaches elements of the Sex and Relationships Education curriculum.

We will be covering:

- Personal hygiene
- Puberty and changes to the body
- The menstrual cycle
- The facts about sexual intercourse

Once we are back and settled in at school, we will give children the chance to write any questions they have on slips of paper anonymously and pop them into a box. We will then look over these and ensure the subsequent lessons answer these questions, unless we feel they are inappropriate to their age or understanding.

During the course of these lessons, the children will be involved in class discussions; may be shown items such as sanitary pads; see diagrams of male and female bodies and watch presentations related to the above list. Correct terminology will be used throughout the lessons. The children will of course always be offered the opportunity to ask questions as we go along.

These lessons will take place at different times over the next month to allow them to digest the information in small chunks, rather than be overwhelmed by everything at once.

Before lockdown, the class were open in asking us when we will be starting these lessons, so clearly lots of them know it is something we teach at the end of Year 6. I am sure that most of them know the basics, but they may find it difficult or embarrassing hearing it from their teachers at the same time as being in the room with their peers. So, prepare yourselves for some discussions at home, as well as possibly more questions!

If your child is not returning to school this academic year, please ensure you have discussions covering the topics above with your child at home.

If you would rather that your child **did not** take part in these lessons, then please let myself and Mrs Robinson know by emailing the school office by **Friday 5th June** and alternative arrangements will be made for your child during the times the lessons are taught.

Kind regards,

Miss Thornton & Mrs Robinson

